

Ludlow
Recreation
2016
Summer
Brochure

Ludlow Summer Camp:

Days: Monday – Friday

Grade: 1-8 (Fall 2016)

Date: June 20 – August 5

Location: Community Center

Time: 8:30a.m. – 4:00p.m.

Deadline: None

Camp is held rain or shine!!

Fees: Residents \$75 per week

- Non – residents \$90 per week
- Multiple child discounts available
- Weekly payments are due on Mondays

Daily Fee: Resident \$25 Non Resident \$40

Breakfast and Lunch are provided. Full and partial scholarships are available on a case by case basis. To apply for a scholarship, please see the Recreation Director for an application.

Early drop off is 8:00a.m. – 8:20a.m. Late pick up is 4:05p.m. – 4:30p.m. This service is available to anyone wishing to use it for an additional \$2 per time. Example: If you were to use both the early drop off and late pick up for one day, you would be charged an additional \$4. This service is pay as you go. All staff members have been certified in Basic First Aid & CPR. All campers receive a Tee shirt with registration. These shirts must be worn on all trip days.

Please Note Trips are subject to Change due to weather and availability.

Special Camp Information:

On Tuesdays we will be at Plymouth State Park from 10:00am to 3:45pm

Camp runs rain or shine, please dress appropriately for the weather.

Children will need to bring sun screen, bug spray and a water bottle.

Children will need a bathing suit or swimming trunks and a towel for swimming/water activities.

The Ludlow Parks and Recreation Department has adopted the Vermont Board of Education and Health Services policies regarding care and control of head lice and pink eye.

The Ludlow Summer Day Camp is a licensed day care provider for children in grades 1 – 8 and families may complete paperwork to see if you qualify for subsidy.

Baseball Camp:

Grades: 3 – 7 (Fall 2016)

Dates: July 11 - 14

Days: Monday - Thursday

Time: 9:00a.m. – 12:00p.m.

Fee: \$50 Non- resident fee: \$60

Minimum Enrollment: 12

Location: Ludlow Little League Park

Instructor: Jim O’Neil

This program is for children who want to improve their skills and knowledge of the game. Emphasis is on catching, throwing, hitting, fielding and positioning. Scrimmages and small sided games will highlight the week’s activities. This program is under the direction of the Black River High Schools’ Varsity baseball coach, Jim O’Neil.

Babe Ruth Baseball

This program is open to children ages 13 – 16 and is under the direction of Howard Paul and Jim O’Neil.

This is a summer baseball league that plays in the Twin State baseball league. Games will be played on Mondays, Wednesdays and Fridays from mid- June to early August.

All practices and home games will take place at Pullinen Field.

Transportation to and from away games will be provided by the Ludlow Municipal Transit.

The fee for this program is \$40.00

Tennis Camp

Beginner – Intermediate

Dates: July 11 – July 15

Days: Monday – Friday

Time: 9:00am – 11:00am

Fee: \$40.00

Location: Dorsey Park

Rain Location: Jackson Gore, Ice House

Instructor: Willie Kennedy

Minimum Enrollment: 6

This Camp is designed for beginner and intermediate levels. Beginners will work on basic skills and court etiquette. Intermediates will work on stroke development and strategies. All campers will receive a camp tee shirt.

Swimming Lessons Level 1 - 4

This is a Red Cross course. There are no prerequisites for this course. The objective of Level 1 is to help students feel comfortable in the water and enjoy the water safely. This Level teaches elementary aquatic skills in which swimmers will build on as they progress through the six Learn-to-Swim Levels. Level / 2 students must be able to demonstrate all requirements for Level 1 or hold a Level 1 certificate. The objective of Level 2 is to give students success with fundamental skills. This Level marks the beginning of true locomotion skills.

Level 3 builds on the skills in Level 2 by providing additional guided practice, teaches elementary aquatic skills in which swimmers will build on as they progress through the six Learn-to-Swim Levels. Level 3 / 4 students must be able to demonstrate all requirements for Level 2 or hold a Level 2 certificate. The objective of level 3 is to give students confidence with different strokes. This Level marks the beginning of true locomotion skills.
Skills:

- Water Safety
- Water Entrees
- Under Water Exploration
- Floating
- Very Basic Front Strokes
- Very Basic Back Strokes

Start Date: June 19th

End Date: August 7th

Age: 5 and up

Time: 5pm – 6pm on Sundays & Wednesdays

Location: Jackson Gore @ Okemo

Fee: \$100.00 (Includes pool fees and certification).

Pick Up Softball At Dorsey Park

This program is open to men and women and is sure to be a fun filled activity. This program will be run much like the Co-ed softball league where men must use wooden bats while women can use aluminum. Pick up softball will run much like the Sunday basketball program where everyone plays and is there for enjoyment and exercise.

Days: Saturdays

Dates: June 18 - August 6

Ages: 14+

Location: Dorsey Park

Time: 6:30pm – 8:30pm

Fee: Free

Bats, balls and catcher's mask will be provided by the Recreation Department

Volley Ball – Pick up

This program is co-ed and is open to anyone ages 14 and up.

Dates: Ongoing

Days: Mondays

Time: 6:00pm – 8:00pm

Location: Community Center

Fee: Free

Adult Pick- up Basketball:

This program is a continuation of our winter program and is open for both men and women. There is no fee for this program, however all participants must fill out a program registration form.

Dates: June 15 – August 24

Days: Wednesdays

Age: 16+

Time: 6:00pm – 8:00pm

Location: Ludlow Community Center

Fee: Free

Southern Vermont Men's Tennis League:

This league is open to all male tennis players. Our emphasis is providing a great work out and having fun. The format for this league is pickup. Contact the Recreation Department for more info

Dates: June 6 – October 30

Fee: Free

Days: Create your own schedule

Time: Based on your availability

Location: Dorsey Park

Program Director: Willie Kennedy

Pasco R. Valente Memorial One Pitch Softball Tournament

This event is in memory of a man who taught most men and women from my generation the joy of sports. While coaching baseball and soccer, Pat taught us that sportsmanship was more important than goals or runs scored because scores are forgotten, but friendships made on the field last forever.

This tournament is just one of the fundraising events that help sponsor the Pasco R. Valente Memorial Scholarship, presented to a graduating senior from Black River High School each year.

Fee: \$200 per team

Date: July 11th

Entry Deadline: July 9th

Senior Swim:

This program takes place on Tuesdays and Thursdays at Jackson Gore at Okemo Mountain. Participants can take advantage of the pool, hot tub, sauna and weight room at a reduced rate.

Dates: June – September

Days: Tuesdays, Wednesdays & Thursdays

Time: 10:00am – 9:00pm

Location: The Jackson Gore Spring House

Ages: 55+

Fee: \$4 per visit

All participants must show identification at the front desk of the hotel before entering pool area.

The Ludlow Community Center

A great location to host your birthday party, class reunion, family or business functions, wedding receptions and more.

Rental rates:

Community Room - \$50 per event

Cafeteria - \$50.00 (no equipment)

Cafeteria - \$150 (includes use of equipment)

Gymnasium - \$150 per event

Open Gym Hours:

- Mondays: Closed for programming
- Tuesdays: 5:30pm – 8:00pm
- Wednesday: Closed for programming
- Thursdays: 4:30pm – 8:00pm
- Fridays: 4:30pm – 8:00pm

Saturdays and Sundays (rentals only)

Fitness Center

We have a full line of Cybex and Life Fitness equipment, free weights, treadmill, elliptical and spinner bike.

Rates:

Adult membership - \$30 per month

College student - \$20 per month

Senior Citizen - \$15 per month

BRHS student - \$15 per month

Locker Rentals - \$5 per month

Purchase a year's gym membership and receive two months free

Daily fee - \$7 per day

Hours: Monday – Friday 7:00am – 8:00pm

Closed Saturday and Sunday

What's Happening Around Town

Sunday Concert Series Beginning July 10th. All Concerts are held at Veterans Memorial Park at 7pm. A detail schedule will be posted soon.

July 4th Fireworks: Please Note -- Ludlow will not be hosting a fireworks display this year.

Saturday, July 9th FOLA will be showing the movie "The Ghost and Mrs. Muir at the Town Hall Auditorium beginning at 7:00pm

Saturday, August 6th. FOLA will be showing the movie Ex Machina at the Town Hall Auditorium beginning at 7:00pm

Saturday August 13th. The Tyson Ladies Aid will hold their annual tag sale at Veterans Memorial Park from 8:00am – 3:00pm

Saturday, August 20th. FOLA will be showing the movie Metropolis at the Town Hall Auditorium beginning at 7:00pm

Saturday September 3rd, FOLA will be showing the movie The Theory of Everything at the Town Hall Auditorium beginning at 7:00pm

Ludlow Recreation Department Staff:

Parks & Recreation Director: Howard Paul Jr.

Athletic Trainer: Matthew Wood

Buildings & Grds Foreman Kevin MacPherson

Maintenance: Eugene Dean

Attendants: Heather Graham & Hailey Gates

Life Guard/Swimming Lessons: TBA

Baseball Camp: Jim O'Neil

Babe Ruth: Howard Paul

Soccer Coaches: Bruce Schmidt/Chris Miele

Tennis Camp: Willie Kennedy

Summer Youth Camp Director: Zoe Trimboli

Camp Counselors: Morgan Kathan, Kateri Collins & Nichole LaPorte

Phone Numbers:

- **Ludlow Community Center:** 228-2655
- **Recreation Director Cell:** (802) 376-9420
- **Ludlow Police:** 228-4411
- **Ludlow Municipal Office:** 228-2841

**2016
Ludlow Recreation Department
Program Participation Form**

Participants Name: _____ D.O.B ____/____/____

Age: _____ Grade: _____ (If Applicable)

**** If under the age of 18****

****My child has permission to participate in: _____ with the Ludlow Recreation Department. ****

I/My child is covered by the following insurance: _____

Policy #: _____

Parent/Guardian Signature: _____ Date: ____/____/____

Participant Signature: _____ Date: ____/____/____

******PLEASE NOTIFY THE RECREATION DEPARTMENT IF THERE IS ANY CHANGE IN INSURANCE COVERAGE DURING DURATION OF PROGRAM YOUR CHILD IS ENROLLED IN******

Please list all allergies and/or medications: _____

_____.

I, the undersigned, hereby release and agree to indemnify and hold harmless to the Town of Ludlow, Village of Ludlow, the Ludlow Parks & Recreation Department, its Commission, Staff and Volunteers of all liability resulting from property damage or personal injury while participating in the program I have registered for. I give permission to have a physician attend me, if it is deemed necessary during my participation for which I have registered for.

Participant Signature: _____ Date ____/____/____

Parent/Guardian Signature: _____ Date: ____/____/____

RELEASE FOR MEDICAL TREATMENT

We (I) _____, the natural parent(s) and /or legal guardians

For: _____ will be out of direct contact with my child for the period

Beginning _____, 20____ and ending _____, 20____. During this time

my child is under the supervision of _____ who has authority to provide medical consent for my child on my / our behalf if we cannot be contacted at the numbers listed below.

Parent/Legal Guardian Signature

Date: ___/___/___

Parent /Guardian Contact Information

Telephone Numbers

Address: _____

Home _____

Work _____

Cell _____

Other _____

Childs Date of Birth ___/___/___

Family Physician: _____ Telephone Number _____

Allergies: _____ Daily Medications _____

Tetanus Status: _____ Current Medications: _____

I give permission for the coach to administer first aid before calling for medical assistance.

(Signature of Parent / Legal Guardian)

NOTE THIS FORM MUST BE PRESENTED AT THE TIME OF TREATMENT. EVERY EFFORT WILL BE MADE TO CONTACT PARENTS/GUARDIANS NOT WITHSTANDING THIS RELEASE FORM.